

June 2024

Woburn Creative Start



SUN SAFETY TIPS FOR A FUN AND HEALTHY SUMMER

Just a few serious sunburns can increase your child's risk of skin cancer later in life. Adults and children need protection from ultraviolet (UV) rays whenever they're outdoors. Learn how to protect your child from sun damage.

- * Seek shade when necessary. UV rays are strongest and most harmful during midday, so it's best to plan indoor activities then. If this is not possible, seek shade under a tree, an umbrella, or a pop-up tent.
- * When possible, cover up with long-sleeved shirts and long pants and skirts to provide protection from UV rays.
- * Wear a hat that shades the face, scalp, ears, and neck. If your child chooses a baseball cap, be sure to protect exposed areas with sunscreen. ☑
- * Wear sunglasses. They protect your child's eyes from UV rays, which can lead to cata-

Important Dates

Horn Pond walk– June 4th pick up at 12

Parent Meeting –June 6th

End of the year celebrations Class 4 June 6th & Class 7 June 7th

Open House– June 11th 4-6 & June 27th 2:30-4:30

Carnival Day & Open Air Market –June 13th

Last day for Class 4– June 14th

Professional Development Day -Center Closed– June 10th—CUI Hands – on STEM EXHIBITION— 9:00 AM—11:30 AM—All Families Welcome!

Professional Development Day—Center Closed—June 18th

Holiday—June 19th—Agency Closed

Policy Council-June 26th 6:00 PM via zoom

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Reminders:

Do not leave children unattended in the car. It is against the law to leave children by themselves in vehicles.

Let's stay healthy: If your child is not feeling well or has multiple symptoms (cough, thick nose discharge, fever) please keep your child home. If you are unsure please call the center.

If your child will be absent, please call us by 9:15AM at 781-932-9578. Leave a message if nobody picks up

For an absent to be excused, please bring us a doctor's note if your child was seen by a doctor.

Social Emotional Corner

Preschool

Classes 4 and 7 have finished the fourth unit of Second Step. The final lesson was about speaking up assertively. We use this word, "assertive" with the children and we say that assertive means "using a kind and respectful voice." The first round of kindergarten groups has started! The pre-K children are learning about kindergarten including what school they are going to, what to expect and what is the same and different from this school.



Infants & Toddlers

Class 1A has been enjoying the Puppy and Snail puppets who have been teaching them about problems. The toddlers pick a picture and identify if the picture represents a problem or not a problem. If a problem, the puppets talk about ways the characters in the pictures can be kind.

Class 2 children continue to engage in Baby Doll Circle Time. The children are continuing to learn feelings like happy, scared, sad and mad. They comfort their babies when they have uncomfortable feelings.

Classroom 3 is participating in Baby Doll Circle Time in which they play with, sing songs to and take care of their babies. This connection-building activity is a lot of fun for the children!

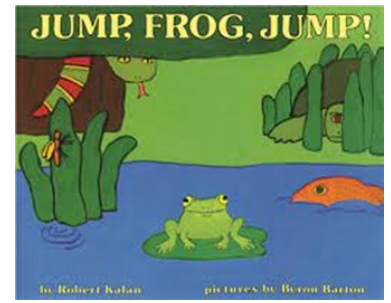
Coffee Hour!

We welcome parents to stop by for coffee and conversation at our next Coffee Hour on Friday, June 7 at 8:30am.





Curriculum



Classrooms will study Insects and introduce pond life

Educators will explore topics of insects, bugs, and pond life. Children will explore and find bugs on the playground. Children will also learn why it is important that we have insects and what their job is in nature. Classrooms will begin to study pond life and the life cycles. Join us on June 4th for our walk around Horn Pond.

STEM: Insects

Children will:

- *Learn the names of insects
- *Compare how many legs and size
- *Find out where do they live
- *Identify if they have wings

Five Speckled Frogs

Five little speckled frogs
Sat on a speckled log
Eating the most delicious
bugs (yum yum)
One jumped into the pool
Where it was nice and cool
Then there were four green
speckled frogs. (glub glub)






**Woburn Creative Start
June 2024
Breakfast Menu**



Monday	Tuesday	Wednesday	Thursday	Friday
3 Cereal Fruit Milk	4 WG Blueberry Muffin Pineapples Milk	5 WG Croissant Peaches Milk	6 WG Pancake Apple sauce Milk	7 WG Bagel Fruit Milk
10 Closed for Professional Development Day	11 WG Apple Muffin Fruit Milk	12 WG Bagel Fruit Milk	13 WG French toast Apple Sauce Milk	14 WG Croissant Fruit Milk
17 Cereal Fruit Milk	18 Closed for Professional Development Day	19 Agency Closed	20 WG Waffle Apple Sauce Milk	21 WG Bagel Fruit Milk
24 Cereal Fruit Milk	25 WG Blueberry Muffin Fruit Milk	26 WG Bagel Fruit Milk	27 WG Pancake Fruit Milk	28 WG Croissant Apple Milk
				All Milk is unflavored 1% milk served to children over age 2

Carine Berglund 5/28/24 R.D

**June 2024
Lunch Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Alfredo w/pasta Broccoli Apple Milk Vegetarian: White bean alfredo	4 Chicken Nuggets/Rice Corn Apple Milk Vegetarian: Dumplings/rice	5 Cheese raviolis Carrots Melon Milk	6 Roasted chicken/rice Corn Banana Milk Vegetarian: Spanish Rice & Beans	7 Lasagna W/sauce Sweet Potato Pineapple Milk
10 Agency Closed Professional Development Day	11 BBQ pulled chicken & roll Beans Apple Sauce Milk Vegetarian: veggie bowl, rice, beans, peppers, cheese	12 Turkey Meatballs/Rice Mediterranean blend vegetables Fruit Milk Vegetarian: Farro with feta, beans, tomato	13 Asian Sesame WG noodles Green beans Melon Milk Vegetarian: Asian noodles w/beans and tofu	14 Turkey smashburger Sweet potato tots Fruit Milk Vegetarian: Veggie burger
17 Cilantro Lime Chicken w/rice Carrots Pineapple Milk vegetarian: Cilantro lime pinto beans w/rice	18 Agency Closed Professional Development Day	19 Agency Closed Juneteenth Day	20 Breaded Chicken sandwich w/roll Mexicali Corn Apple Milk Vegetarian: Lasagna with cheddar w/tortilla	21 Pizza Pinto beans Banana Milk
24 BBQ Chicken w/rice Carrots Apple Milk vegetarian: Vegetable & cheese Frittata w/rice	25 Turkey wrap W/rice Broccoli Pineapple Milk Vegetarian: Rice & beans	26 Chicken & cheese quesadilla w/tortilla Corn Banana Milk vegetarian: Cheese quesadilla	27 Mac & cheese Beans Watermelon Milk	28 Sweet and sour chicken w/rice Beans Orange Milk Vegetarian: sweet & sour tofu w/rice
				All Milk is unflavored 1% milk served to children over age 2

Carine Berglund R.D. 5/28/24

