# WALTHAM CREATIVE START NEWSLETTER OCTOBER 2024



Please make sure your children have a full change of clothes: underwear, socks, shirt, pants.

## UPCOMING EVENTS:

NO SCHOOL:
OCTOBER 14 - INDIGENOUS
PEOPLES' DAY
OCTOBER 28 - PROFESSIONAL
DEVELOPMENT DAY

**POLICY COUNCIL: 10/2** 

**PARENT MEETING: 10/10** 

LIBRARIAN VISIT: 10/17

AUTHOR FAMILY EVENT: 10/19 LEXINGTON DEPOT, 10 AM - 12 PM

FIRE DEPT VISIT: 10/24

PICTURE DAY:10/25

FALL FESTIVAL FAMILY EVENT: 10/30

#### Accessibility

With the new year starting, we hope everyone has a wonderful and fulfilling educational journey with us. We know that sometimes, especially as the weather cools, it can be difficult to get to school. Please check in with staff if this becomes a concern. We are happy to try to connect families who may be able to help each other.

# FAMILY AND COMMUNITY OPPORTUNITIES

#### **Fall Festival**

Join us on October 30th at 2 pm as we celebrate our school community. We encourage families to come for a fun day art and movement activities. We can't wait to see you there.







### COMMUNITY EVENTS

Tuesdays,, 10 am to 430 pm: Waltham Clothing Exchange First Parish, 50 Church St

WALTHAM FARMERS MARKET Saturdays through October 26th, 9:30 am to 2 pm Embassy Parking Lot on Moody St.

WALTHAM PUBLIC LIBRARY:
Tuesdays, 1030 am to 11 am: Te Cuento
un Cuento
Tuesdays, 6pm to 630 pm: Family
Storytime
Wednesdays, 1030 am to 11 am: Toddler
Time
Fridays, 10 am to 1030 am: Baby
Storytime

## COMMUNITY RESOURCE OF THE MONTH

#### Family Access

Family Access of Newton has many different programs and services to support parents and children in the community. Some of these resources include parent circles, literacy groups, play groups, and parent support workshops.

Family Access can also help connect parents to resources like clothing and diapers. To learn more about accessing these resources you can reach out to Jodi Levin the Program Coordinator at <a href="mailto:jlevin@familyaccess.org">jlevin@familyaccess.org</a> or look on their website at <a href="mailto:www.FamilyAccessCommunityConnections.com">www.FamilyAccessCommunityConnections.com</a>

# SOCIAL EMOTIONAL CORNER

THIS MONTH WE WILL BE STARTING SECOND STEP IN CLASSROOMS. SECOND STEP IS A SOCIAL EMOTIONAL EDUCATIONAL PROGRAM WHICH HELPS STUDENTS BUILD SKILLS, LIKE NURTURING POSITIVE RELATIONSHIPS, MANAGING EMOTIONS, AND SETTING GOALS.

THIS MONTH, WE ARE BEGINNING OUR BABY DOLL CURRICULUM WITH OUR TODDLERS. BABY DOLL CIRCLE TIME STRENGTHENS ATTACHMENT, ATTUNEMENT, AND SOCIAL PLAY.







#### LEAF SORTING

Fall is a great time to get out and explore nature. A great activity to try as the leaves change color is to sort them. Go for a walk and collect different color leaves, then sort them or use them to create a beautiful piece of art.

In the Classroom

THIS MONTH, CLASSROOMS
WILL BE LEARNING ABOUT FALL
AND FIRE AND PEDESTRIAN
SAFETY.

WE WILL BE HAVING A GUEST READER FROM THE LOCAL LIBRARY.

THE FIRE DEPARTMENT WILL ALSO BE VISITING AND SPEAKING TO CLASSROOMS ABOUT FIRE SAFETY.



"Any book that helps a child to form a habit of reading, to make reading one of his deep and continuing needs, is good for him."

- Maya Angelou



#### **Pumpkins Galore!**

Pumpkins are a superfood and they are currently in season. Enjoy this tasty treat and help boost your immune system with this low glycemic load food. They contain potassium and vitamin A, other antioxidants, and are high in fiber.

Check out some great pumpkin recipes for kids at:

https://happykidskitchen.com/healthy-pumpkin-recipes-to-cook-with-kids/