

November 2024

Woburn Creative Start



Praising your Child

We all love to be told how wonderful we are—more importantly our children! Children consider praise a reward in itself, and praise is a way to help them learn which kinds of behaviors are acceptable, even from the earliest day!

1. Focus on Process, Not Outcome— For example, if your toddler loves to help you care for the family dog but sometimes makes a mess, say something like, "I know it's hard to carry the dog's water bowl without spilling, but I love the way you're trying. Accomplishing tasks without adult help is key to a child's developing a sense of self.
2. Look Them in the Eye—How you give praise is as important or even more important than the words you use. Use a warm, nurturing tone, make eye contact and get down to their level.
3. Choose Words Wisely— When it comes to praise, it's important to use language that is appropriate for your child's developmental stage. To praise a baby, you might just coo at her when she smiles at you. As your children get older, use words that reflect their experience and show understanding and empathy. For example, if your 2-year-old is determined to put on her own socks but can't quite do it, say something like, "You're trying so hard to get those socks on. I can help you with that, and then you can slip your rain boots on by yourself."
4. Applaud Each Child's Individual Strengths—Kids can't help but compare themselves to others. Teach your child that everyone has strengths, and that they are all different.
5. Pay Attention to the Little Things—Children thrive on attention -- it makes them feel nurtured. You can also boost your child's ego simply by commenting on or describing what he's doing, which he'll perceive as a form of praise. For instance, you could say "Thank you for brushing your teeth without being asked."

Important Dates

- November 7th-Parent Meeting @ 8:30
- November 11th- Agency Closed Veterans Day
- November 12th- Open House 3-6
- November 14th- Parenting curriculum with Ms Greta
- November 18th-Open House 2:30-4:30
- November 27th- Soup Day Early Dismissal
- November 28th & 29th-Agency closed Happy Thanksgiving



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Reminders:

It is important that families come to school at their designated time for drop off and pick up. Families can enter the building only when their child's classroom starts. Please remember to pick up by the ending time for your child's class.

Do not leave children unattended in the car. This poses a risk to children's safety and wellbeing.

Let's stay healthy: If your child is not feeling well or has multiple symptoms (cough, thick nose discharge, fever) please keep your child home. If you are unsure please call the center.

If your child will be absent, please call us by 9:15AM at 781-932-9578. Leave a message if nobody picks up.

Thank you for your cooperation!

Policy Council

November 6th-
10:00AM

Open Air Market

November 21st



Fall Fun

Congratulations to Livia
Her estimation was 13.6 lbs
and the pumpkin weighed 14.2
lbs!

Exploring Pumpkins



Children explored the insides
of
pumpkins and talked about
the different textures of the
seeds
and flesh.



Children also did pumpkin
painting, weighed the pump-
kins and studied a pumpkin's
lifecycle.



Curriculum

Classrooms are studying Family and Friends

Children will describe members of their family and recognize family similarities and differences. Children will also begin to develop an appreciation for different types of families. Children will identify peers in their classrooms and learn how to become a good friend.

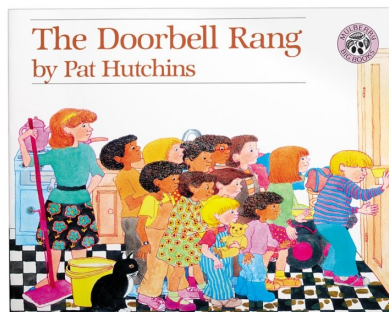
STEM: Clothing (Patterns and Textures)

Children will:

- Identify items of clothing
- Identify buttons, zipper, snap,
- Identify and create patterns
- Explore textures
- Share ideas and record observations

The Doorbell Rang by Pat Hutchins

Children enjoy this delightful story about sharing with friends and family. On each page more people come to a family's house and they all figure out how to share 12 cookies. Children learn about sharing, math and literacy skills through reading this book!



Social Emotional Corner

Second Step

The preschoolers are finishing up with “skills for learning.” The children have learned about listening rules, focusing attention and self-talk. Next they will learn more about following directions and asking for what they need and want. The children made “attentoscopes” to look through to help them focus their attention. They also learned a rhyme to help them remember what kind of voice to use in the classroom. Try reading it line by line and have your child repeat you. You can remind your child about the rhyme as relevant during the day:



*This is my talking voice
I use it everyday
This is my whisper voice
It's quiet don't you say?
This is my yelling voice
I use outside when I play
This is my singing voice
I like it it's OK*



Baby Doll Circle Time

During Baby Doll Circle and singing time, the infants and toddlers are continuing to play peek-a-boo. They have also started learning body parts. They point to the babies' head, nose, feet etc. This helps the children practice awareness. Try asking your child to point to their body parts. When they point to a body part try doing a movement to go along with it. For example:

*Can you find your hands?
Hands! Hands! You found your hands!
Clap, clap, clap your hands!*

Positive Solutions for Families

In October we had our first meeting of Positive Solutions for Families. The topic was Making a Connection. We discussed using encouraging feedback, praise and quality time to help your child feel confident and loved. Positive relationships form the foundation for everything else that comes along with parenting. At the next meeting we will talk about play and how to utilize play to fill up children's relationship tanks. We will meet on Thursday, November 14th at 8:30am. Portuguese translation will be provided.



**Woburn Creative Start
November 2024
Breakfast Menu**



Monday	Tuesday	Wednesday	Thursday	Friday
All Milk is unflavored 1% milk served to children over age 2				1 WG Pancake Fruit Milk
4 WG Cereal Fruit Milk	5 WG Muffin Fruit Milk	6 WG Cereal Fruit Milk	7 WG Bagel Fruit Milk	8 WG Croissant Fruit Milk
11 Agency Closed Veteran's Day	12 WG Muffin Fruit Milk	13 WG French Toast Fruit Milk	14 WG Bagel Fruit Milk	15 WG Pancake Fruit Milk
18 WG Cereal Fruit Milk	19 WG Muffin Fruit Milk	20 WG Cereal Fruit Milk	21 WG Bagel Fruit Milk	22 WG Croissant Fruit Milk
25 WG Cereal Fruit Milk	26 WG Muffin Fruit Milk	27 WG Cereal Fruit Milk	28 Agency Closed Thanksgiving Day	29 Agency Closed Thanksgiving Break

Carin Begler R.D. 10/31/24



**Woburn Creative Start
November 2024
Lunch Menu**



Monday	Tuesday	Wednesday	Thursday	Friday
All Milk is unflavored 1% milk served to children over age 2				1 WG Pizza Oven baked fries Oranges Milk
4 Chicken Teri WG rice Broccoli Pears Milk Vegetarian: Tofu teri WG rice	5 BBQ pulled Chicken WG roll Baked Beans Apples Milk Vegetarian: White Bean & vegetable Quinoa	6 Turkey Meatballs WG rice Mediterranean Vegetables Banana Milk Vegetarian: Bean & cheese burrito WG	7 Asian WG Noodles w/Black Beans Carrots Watermelon Apple Vegetarian: Asian noodles w/black beans	8 Turkey smashburger WG roll Fries Fruit Milk Vegetarian: Veggie Burger WG roll
11 Closed Veteran's Day	12 Chicken parm WG rice Green beans Apple Milk Vegetarian: Farro w/Feta & Beans	13 Chicken Taco WG rice Vegetable Medley Orange Milk Vegetarian: Veggie Bowl WG rice	14 Sweet and sour chicken w/brown rice Broccoli Apple Milk Vegetarian: Sweet & Sour Tofu	15 WG Pizza Oven baked fries Fruit Milk
18 BBQ Chicken WG rice Beans Pears Milk vegetarian: Pinto Beans WG rice	19 WG pasta w/Turkey meat Green Beans Apple Milk Vegetarian: White Beans & Vegetable Quinoa	20 Chicken & Cheese Quesadilla WG tortilla Corn Banana Milk Vegetarian: Bean & cheese Burrito	21 Turkey Thai Meat balls WG noodles Broccoli Fruit Milk Vegetarian: Baked Potato w/cheese	22 Chicken breast sandwich WG roll Sweet Potato fries Fruit Milk Vegetarian: Veggie Burger
25 WG Lasagna W/cheese Carrots Pears Milk	26 Roast Turkey Dinner Mashed Potato & peas Apples Milk Vegetarian: Vegetarian Dumpling	27 Chicken, WG rice Burrito Pinto Beans Banana Milk Vegetarian: Mexican Lasgana	28 Agency Closed Happy Thanksgiving	29 Agency Closed Thanksgiving Break

Carin Begler R.D. 10/31/24