

Lexington Creative Start December

newsletter

Dates to Remember

12/4 Policy Council at
Central ~ 4 militia Drive.
12/9 2:15 Dismissal for
everyone including
Extended Day.
12/19 Open Air Market
12/19 Parent Meeting
12/23 Holiday Vacation
return to school 1/2/25.



Contact info:

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CURRICULUM

The toddlers author's study is all about Eric Carle. They will be exploring the books *From Head to Toe*, *Brown Bear Brown Bear What Do You See?*, and *The Very Hungry Caterpillar*. Our dramatic play will be a target store. We will be learning Hickory Dickory Dock and The Hokey Pokey. The Preschool will be doing their author study on Jan Brett. They will be reading and studying the books *The Snowy Day*, *The Mitten*, and *The Hat*. *The children will be learning about the winter season.* We are looking forward to dressing our favorite animal in hats, coats, mittens, and scarves.

Family Engagement

This month we will have families come into the classroom and learn about our authors and read stories in the classroom. Also each class has chosen a country to study. We will learn about that country and it's heritage. Our families will share songs and stories from that country. In **January** we will have a multicultural potluck event where everyone will share their tradition's and celebrations through stories, food, and being together.



Social Emotional Corner with Ms. Lisa

Second Step Updates: Classroom #1
Preschool is working on Unit 1: listening,
focusing attention, using self-talk, and
being assertive.

Baby Doll Updates: Classroom #2 Toddlers
are working on body parts self-awareness,
secure relationships, expressing sympathy
and empathy to others. We are moving
into Boo Boo's Handling the hurts,
recognizing and labeling emotions,
expressing empathy to others, self-
soothing and building trusting
relationships.

Friendship Group: We will be starting a
new friendship group in January.
Friendship groups help children to learn
skills that help them to make friends,
identify and express feelings
appropriately, learn to take turns, and
learning to resolve conflicts. The groups
will begin to be selected this month.

Inclement weather policy

If Lexington Public schools are
closed Lexington Creative
Start will be closed. If there is
a delay we will also have a
delay. For example if
Lexington Public School is
delayed 1 hour we will be
delayed an hour.

Reminders: Please dress (hats,
mittens, long sleeves and pants)
for the cold weather. We will be
going outside as long as it is
above 32 degrees (wind chill).

Coming in December: Coat Drive!
We will provide coats for you to
choose for your child or yourself.
Free!



December

2024

HOT LUNCH



Hispanic Chicken w/ Yellow Rice	Italian Meatballs with Spaghetti	Chicken Caesar Salad with WG roll Dressing	Breaded Chicken Chunks with Duck sauce & WG Rice	Tony's WG Pizza w/ turkey pepperoni
Seasoned Pinto Beans	Rst Mediterranean Blend Vegetables	Romaine & tomatoes	Green beans	Oven baked Fries with ketchup
Fresh Pears	Fresh Banana	Fresh Banana	Chilled Pineapple Cup	Fresh Fruit
Chicken Stir fry over WG Fried Rice	BBQ Pulled Chicken with WG Roll	Roast Turkey Dinner	Asian Sesame WG Noodles with Black Beans and	Smashburger - WG roll
Fresh Steamed Broccoli	BBQ Vegetarian Baked Beans	Mashed Potato & Peas	Steamed Carrots	Oven Baked Fries
Fresh Pears	Fresh Apples	Fresh Apples	Watermelon	Fresh Fruit
WG Lasagna W/ cheese & Meatsauce	Chicken parm sub w/ WG roll	BBQ Turkey Meat Loaf w/wg roll	Sweet & Sour Chicken w/ Brown Rice	Tony's WG Pizza
Seasoned Carrots	Green Beans	Mashed potatoes and green Peas	Fresh Garlic Broccoli	Oven Baked Fries
Fresh Pears	Fresh Apples	Fresh Banana	Chilled Pineapple Cup	Fresh Fruit
BBQ Chicken with Dirty Rice	Turkey Sandwich W/ cranberry stuffing and wg roll	Christmas	Turkey Thai Meat Balls wg Noodles	Brd Chicken Breast Sandwich on WG roll
Smokey BBQ Black Beans	Fresh Broccoli & Dip		Fresh Gingered Broccoli	Sweet potato Fries
Fresh Pears	fresh fruit		Fresh Fruit	Fresh Fruit
Chicken Pot pie w/ puff pastry	Wg Pasta W/ Turkey meat sauce	Chicken, Rice & Cheddar Burrito	Baked potato W/turkey chilli & wg roll	Chicekn Alfredo w/ WG Pasta
Peas & Carrots	Green Beans	Corn	Fresh Steamed Broccoli	Fresh Broccoli
Fresh Pears	Fresh Apples	Fresh Banana	Fresh Apples	Fresh orange

All meals meet the CACFP Lunch & Breakfast Program guidelines - All breads, rice, pasta are WG/WGR

Milk is served with both Breakfast and Lunch. Based on age group Whole, 1%, Skim and Lactaid

Due to the disruption in the Global Supply Chain, Our menu is subject to change without notice.

Cavin Boylum R.D 11/26/24

December

2024
VEGETARIAN MENU



Bean & Cheese Burrito WG tortilla	Cilantro Lime Pinto Beans with red peppers	Greek Salad with Feta, Olives & Kidney beans - dressing WG roll	Hummus, Cheese & Veg Wrap	Sal's Famous Wg Sicilian Pizza Oven baked fries with ketchup Fresh Oranges
Seasoned Pinto Beans Fresh Pears	Steamed carrots Fresh Apples	Romaine in the salad Fresh Banana	Fresh Steamed Broccoli Apple Slices	
Tofu Teriyaki over WG Fried Rice	White Bean & Vegetable Quinoa	Bean & Cheese Burrito WG tortilla	Asian Sesame WG Noodles with Black Beans and Tofu	Veggie Burger - Wg roll
Fresh Steamed Broccoli Fresh Pears	BBQ Vegetarian Baked Beans Fresh Apples	Rst Mediterranean Blend Vegetables Fresh Banana	Seasoned Green Beans Apple Slices	Oven Baked Fries Fresh Oranges
Bean & Cheese Burrito WG tortilla	Farro with Feta, Kidney Beans, tomato	SWest Veggie Bowl - WG Rice, blk beans corn peppers, cheese & salsa	Sweet & Sour Tofu w/ Brown Rice	Sal's Famous Wg Sicilian Pizza
Mexicali Corn Fresh Banana	Green Beans Fresh Apples	Corn & Red peppers Fresh Banana	Fresh Garlic Broccoli Apple Slices	Sweet potato tots Fresh Oranges
BBQ Pinto Beans with red peppers & WG Rice Steamed Carrots Fresh Pears	White Bean & Vegetable Quinoa Fresh Garlic Broccoli Fresh Apples	Christmas	Baked Potato & Cheese Fresh Broccoli Apple Slices	Veggie Burger - Wg roll Oven Baked Fries Fresh Oranges
WG Lasagna W/ cheese Seasoned Carrots Fresh Pears	Vegetarian Dumplings W/ brown rice Fresh Garlic Broccoli Fresh Apples	Mexican Lasagna Mexicali Corn Fresh Banana	Zucchini Cakes Green Beans Fresh Apples	Tofu Nuggets W/ noodles Broccoli Fresh Orange

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Cavin Berglen R.D. 11/26/24

December

2024
ALLERGEN MENU



Hispanic Chicken w/ Yellow Rice	Cilantro Lime Chix w/ WG Rice	Grilled Chicken Salad GF roll	Grilled Chicken Salad with Dressing	Sweet & Sour Chicken w/ Brown Rice
Seasoned Pinto Beans Fresh Pears	Steamed carrots Fresh Apples	Romaine in the salad Fresh Banana	Fresh Steamed Broccoli Apple Slices	Green Beans Fresh Oranges
Chicken Teriyaki with (EF) WG Fried Rice	BBQ Pulled Chicken with WG Rice	WG Pasta with Meat Sauce	Asian Chicken W/Fried rice and black beans	Turkey Smashburger -GF roll
Fresh Steamed Broccoli Fresh Pears	BBQ Vegetarian Baked Beans Fresh Apples	Rst Mediterranean Blend Vegetables Fresh Banana	Gingered Broccoli Apple Slices	Sweet potato tots Fresh Oranges
chicken primavera w/ Gf pasta	BBQ Pulled Chicken with WG Roll	Chicken Taco with wg Mexican rice(corn tortilla)	Sweet & Sour Chicken w/ Brown Rice	Lentil Bolognese over WG pasta
Seasoned Carrots Fresh Pears	Green Beans Fresh Apples	Vegetable medley Fresh Banana	Seasoned Green Beans Apple Slices	Green Salad with dressing Fresh Oranges
BBQ Chicken with Dirty Rice	Chicken Cacciatore W/ Wg Rice	Christmas	Baked Potato with chili	Turkey Burger on a GF Roll
Seasoned Carrots Fresh Pears	Fresh Garlic Broccoli Fresh Apples		Seasoned Pinto Beans Apple Slices	Mexicali Corn Fresh Oranges
Roasted Chix w br rice	Naked Tenders W/ rice	Chicken Bowl - WG Rice, corn	Turkey Meat sauce w/gf pasta	chicken primavera w/ GF
Seasoned Carrots Fresh Pears	Green Beans Fresh Orange	Corn & Red peppers Fresh Banana	Fresh Garlic Broccoli Fresh Apples	Seasoned Carrots Fresh Pears

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Carin Benglin R.D. 11/26/24

December

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Breakfast MENU



WG Cereal & Fresh Fruit	WG French Toast Sticks & Apple Sauce	WG Bagel, jelly & Fresh Fruit	Yogurt & Fresh fruit	WG Pancakes w/ Syrup & Fresh Fruit
WG Cereal & Fresh Fruit	WG Muffin /Fresh Fruit	Croissant W/ Butter & fresh fruit	WG French Toast Sticks & Apple Sauce	WG Bagel w/Butter & Fresh Fruit
WG Cereal & Fresh Fruit	WG French Toast Sticks & Apple Sauce	WG Bagel w/butter & Fresh Fruit	Croissant W/ Butter & fruit	WG Pancakes w/ Syrup & Fresh Fruit
WG Cereal & Fresh Fruit	WG Muffin /Fresh Fruit	Christmas	Yogurt & Fresh Fruit	WG croissant w/Jelly & Fresh Fruit
WG Cereal & Fresh Fruit	WG French Toast Sticks & Apple Sauce	Croissant W/ Butter & fresh Fruit	wg Muffin w/Fresh fruit	Waffles W/ Syrup & fresh Fruit

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Cami Bengler R.D. 11/26/24