

# WALTHAM CREATIVE START NEWSLETTER JULY 2024



As the sun gets brighter and children are out for longer, please put sunscreen on children before coming to school.

## UPCOMING EVENTS:

NO SCHOOL:  
JULY 1 - JULY 5

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LAST DAY FOR PRESCHOOL: 7/19

PARENT MEETING: 7/25

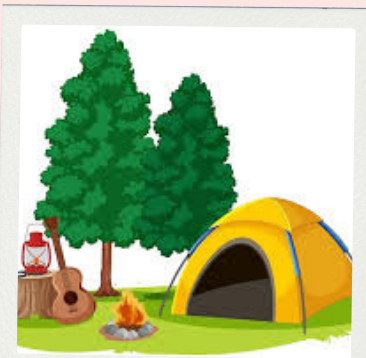
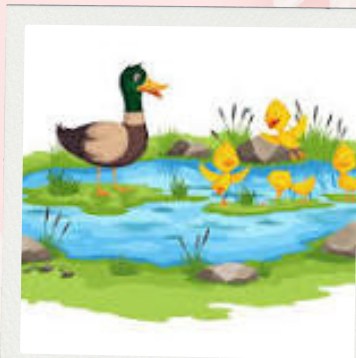
## Summer Fun

Join us as we enjoy fun themed Thursdays including scavenger hunts, silly hats, celebrating sharks and fish, as well as trying some delicious fruits all summer long.

# FAMILY AND COMMUNITY OPPORTUNITIES

## Community Resource Highlight: Waltham Community Fields

The Waltham Fields Mobile Outreach Market will begin on July 16th and will run through October 8th, from 4:30-6:00 pm every Tuesday at the Parking Lot of the First Parish Unitarian Universalist Church, located at 50 Church St in Waltham. Self identifying, low income residents may select a variety of vegetables (all harvested from our farm) for \$5 a bag (using cash, check or SNAP/HIP benefits), or in exchange for one of our vouchers. Families may get up to three bags of produce each week (\$15 total).



## COMMUNITY EVENTS

Movies at the Lyman Estate, July 11 (Barbie), 18 (Elemental) , and 25th (A League of their Own) - 830 pm to 1030 pm - Free

**WALTHAM PUBLIC LIBRARY:**  
Tuesdays, 1030 am to 11 am: Te Cuento un Cuento  
Tuesdays, 6pm to 630 pm: Family Storytime  
Wednesdays, 1030 am to 11 am: Toddler Time  
Fridays, 10 am to 1030 am: Baby Storytime

For more ideas, check out: [communitykangaroo.com/waltham/calendar](https://communitykangaroo.com/waltham/calendar)

# SOCIAL EMOTIONAL CORNER

This summer we will continue working with our children on transitioning to new classrooms and new schools. We look forward to returning to our Baby Doll and Second Step curricula in the fall.



## CREATING SCHEDULES



As children transition to their new classrooms or schools and enjoy their summers, creating regular, reliable schedules for children can help ease anxiety during transitions and prepare for future scholastic success. Have a family discussion about expectations and write your schedule together, For younger children, try to include pictures of the activities so that they have a visual prompt.

# In the Classroom

**THIS MONTH, WE WILL BE FOCUSING OUR LEARNING ALL ABOUT THE BEACH AND THE OCEAN AS WE PLAY WITH WATER AND WORK TO STAY COOL THIS SUMMER.**



*Education is the key to the world. It is the passport to freedom.*  
-Oprah Winfrey



## Hydrate in the Heat

**Watermelon and other heavily water-based fruits are a great way to encourage children to stay hydrated in the heat. Enjoy watermelon as a snack or blend it into a smoothy with a little lemonade or strawberries for a sweet drink.**