

# WALTHAM CREATIVE START NEWSLETTER MARCH 2025



Please make sure your children bring a jacket, hat and gloves. We go outside daily. If you do not have any, let us know and we can help you get some.

## UPCOMING EVENTS:

KINDERGARTEN INFO SESSION: 3/4

PARENT MEETING: 3/13

OPEN AIR MARKET: 3/18

BOX CITY: 3/21

PARENTING SOLUTIONS GROUP: 3/25

PHILIP ALEXANDER: 3/28

MONTH LONG LITERACY CHALLENGE

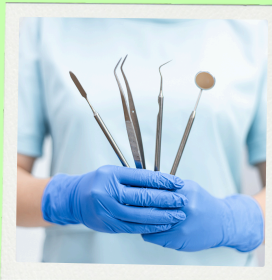
## Mud Season

Spring is just around the corner and snow is turning to mud. Please remember that we go out daily, weather permitting. Children should come in clothes that are okay to get dirty as we explore our community. Make sure there is a change of clothes in case your child gets wet or muddy while at play. Thank you.

# FAMILY AND COMMUNITY OPPORTUNITIES

## Box City

Each year we learn about construction and engineering. As part of that, children will be hard at work creating buildings that represent their community. Please join us at pick up on Friday, February 21st to enjoy our display or their work when we unveil Box City.



## COMMUNITY RESOURCE OF THE MONTH

### Community Resource Highlight: Tufts Dental School

In line with the classrooms teaching about oral care this past month, the resource for this month is Tufts Dental School offers teeth cleaning, x-rays, and other dental care for children and adults at costs lower than private practice dental offices. Tufts Dental School is located in Downtown Boston and has a staff that can speak multiple languages. Tufts Dental School takes MassHealth insurance, as well as several other dental insurances.

# SOCIAL EMOTIONAL CORNER

## SECOND STEP:

WITH OUR PRESCHOOLERS, SECOND STEP HAS BEEN WORKING ON MANY CALM DOWN TECHNIQUES TO HELP US WHEN WE ARE FEELING STRONG FEELINGS. SOME OF THESE INCLUDE "SMELL THE FLOWER, BLOW OUT THE CANDLE," "THE TUCKER TURTLE TECHNIQUE," AND BELLY BREATHING. WE'LL BE TALKING ABOUT MANAGING DISAPPOINTMENT, ANGER, AND WAITING OUR TURN IN THE NEXT FEW WEEKS.

## BABY DOLL:

WITH OUR TODDLERS, THE BABY DOLL CURRICULUM HAS BEEN FOCUSING ON "I LOVE YOU RITUALS" WITH THE BABY DOLLS. STUDENTS HAVE BEEN SINGING AND REPEATING RHYMES FOCUSED ON BEAR, MOUSE, AND RABBIT TO SHOW THEIR LOVE AND CONNECTION TO THE BABY DOLL.



## PARENTING GROUP:

IN FEBRUARY OUR POSITIVE PARENTING SOLUTIONS GROUP TALKED ABOUT THE IMPORTANCE OF ROUTINES FOR PROMOTING POSITIVE BEHAVIORS IN CHILDREN. THINGS THAT CAN SUPPORT ROUTINES ARE INCLUDING CHILDREN IN CHOICES AND GIVING THEM VISUAL CUES TO HELP THEM THROUGH TRANSITIONS. OUR MARCH PARENTING GROUP WILL MEET ON TUESDAY, MARCH 25TH AT 8:45AM IN CLASSROOM. THE MARCH MEETING WILL DISCUSS MODELING FEELINGS AND OTHER SOCIAL EMOTIONAL LANGUAGE TO HELP OUR KIDS LEARN THESE SKILLS.



## TISSUE PAPER EXPLORATION

Enjoy a great art activity as you and your child make explore how sunlight can filter through tissue paper as you create masterpieces together. Be creative!

# In the Classroom

**THIS MONTH, CLASSROOMS WILL BE LEARNING ABOUT FAIRYTALES, ARCHITECTURE, RAMPS AND ROLLING.**

**CHILDREN WILL BE BUILDING THEIR COMMUNITY AND WE WILL BE INVITING FAMILIES TO COME VIEW THEIR CREATIONS AT THE END OF THE MONTH.**



*"Encourage your child to have muddy, grassy, or sandy feet by the end of each day. That's the childhood they deserve."  
- Penny Whitehouse*



## **Cinnamon "Fried" Bananas**

**A sweet, yet healthy treat. These banana slices can be used as an alternative to syrups on your next batch of pancakes or eaten just as a snack.**

**For this recipe and more, visit:  
<https://www.chopchopfamily.org/recipe/cinnamon-fried-banana/>**