

July & August 2024

# Woburn Creative Start



happy  
SUMMER!

Hello Families,

We are excited that summer is here! Thank you to all the families for a successful school year. June was very busy with end of the Year Celebrations, family events, parent conferences and more. We want to wish all of our children going to Kindergarten Good Luck!

Children who are enrolled through the summer will be engaged in waterplay outdoor daily. Please send your child to school wearing a bathing suit and apply sunblock at home. Please pack a towel, water shoes, water bottle, and extra clothes each day. All children must wear shoes with a back to them, no flip flops allowed. As these are not safe for water play, climbing or running on the playground. Please clearly label all of your child's belongings so that do not get lost.

## Important Dates

### No School July 1st-5th

Agency closed-July 3rd & 4th

Last day for Preschool Classroom 7-July 19th

Last day for Infant/Toddlers-August 16th

**NO SCHOOL AUGUST 19-23, AUGUST 26-30**

## ENROLLMENT 2024-2025 SCHOOL YEAR

All Infant and Toddler Families must complete enrollment before August 14th . Office staff will reach out to you to set up an appointment to complete enrollment paperwork. Please make sure your child's physical and dentals are current. Office staff will inform you if you need additional paperwork.

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### Reminders:

Do not leave children unattended in the car. It is against the law to leave children by themselves in vehicles.

Let's stay healthy: If your child is not feeling well or has multiple symptoms (cough, thick nose discharge, fever) please keep your child home. If you are unsure please call the center.

If your child will be absent, please call us by 9:15AM at 781-932-9578. Leave a message if nobody picks up, let us know the specific reason for their absence.

For an absent to be excused, please bring us a doctor's note if your child

# Social Emotional Corner

## Preschool

Class 7 has been learning about kindergarten. Children are participating in both large and small groups in which they learn about what to expect in kindergarten, what will be the same or different, where they are going to school and how to make friends in kindergarten. The preschoolers drew how they feel about going to kindergarten, played friendship games and participated in a kindergarten themed same/different memory game.



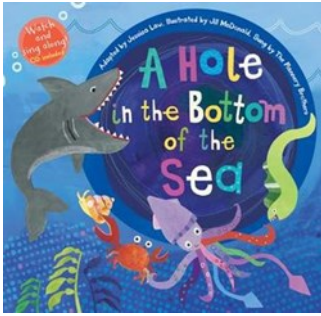
## Infants & Toddlers

Class 1A has been continuing to learn about social scenarios. The puppets help the children acknowledge their feelings and their friends' feelings. The toddlers learn from pictures of different feelings and scenarios. They are learning about taking turns, sharing and using kind words with friends.



Class 2 toddlers are continuing to participate in Baby Doll Circle Time and are doing stop/go movement activities, pretending the babies are different animals and having the babies eat and go to sleep.

Classroom 3 is singing about colors, a Row, Row, Row Your Boat song involving rowing through a storm, and positive nursery rhymes including There Was an Old Woman Who Lived in A Shoe



# Curriculum



## **Classrooms will study: Water by exploring ocean animals, the beach, and bubbles**

Children will investigate the world of water. Children will learn about the ocean and sea life. Children will sort seashells, make sand castles, and enjoy the sprinkler on the playground. Through free exploration and guided, hands-on activities, children will gain an understanding of key science concepts about water.

**STEM:** Make your own bubble solution



## **INGREDIENTS**

- 1 cup of water
- 2 tbsp of glycerin or light corn syrup
- 4 tbsp dish soap
- 1 drop food coloring (optional)

## **INSTRUCTIONS**

Mix together your water, glycerin or corn syrup, and dish soap.

If wanting to make colored bubbles simply add in 1 drop of food coloring to your solution.



# WOBURN CREATIVE START CHILDREN'S CENTERS

## JULY & AUGUST SUMMER FUN

Week of July 8-12<sup>th</sup> - Fruit of the Week - **Watermelon**

**Watermelon** is about 90% water, so it helps us stay hydrated in the summer.



Friday July 12<sup>th</sup> - Sno-cones



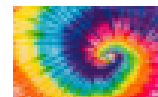
Week of July 15-19<sup>th</sup> - Fruit of the Week – **Pineapple**

**Pineapple** is high in Vitamin C which is great for our immune system.



Thursday July 18<sup>th</sup> –Tye Dye T-shirts

\*Please bring in a plain white t-shirt for your child by Thursday July 11<sup>th</sup>

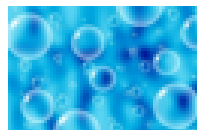


Week of July 22-26<sup>th</sup> - Fruit of the Week – **Strawberries**

**Strawberries** are an excellent source of potassium which counters the effects of sodium in the body and reduces blood pressure.

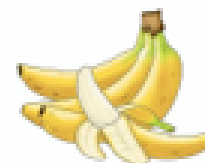


Thursday July 25<sup>th</sup> – Bubble Day Fun



Week of July 29<sup>th</sup>-Aug 2<sup>nd</sup>- Fruit of the Week - **Bananas**

**Bananas** are a healthy source of fiber, potassium, vitamin B6, vitamin C, and various antioxidants and phytonutrients.



Thursday Aug 1<sup>st</sup> – Smoothie Day

Week of Aug 5-9<sup>th</sup> - Fruit of the Week-**Cantaloupe** Cantaloupe is a good source of vitamin C, potassium, vitamin A and Folate

Thursday Aug 8<sup>th</sup> – Picnic Lunch



Week of Aug 12-16<sup>th</sup> – Fruit of the Week –**Mango**

**Mango** is high in Vitamin B6, fiber, Vitamin C and A. They also aid in digestion and provide potassium

Friday Aug 16<sup>th</sup> – 2:00 PM Ice Cream Social on the Playground for Children & families





**Woburn Creative Start  
July 2024  
Breakfast Menu**



Monday	Tuesday	Wednesday	Thursday	Friday
1 No children	2 No children	3 No children	4 <b>Agency Closed Happy 4<sup>th</sup> of July</b>	5 <b>Agency Closed</b>
8 WG Cereal Peaches Milk	9 WG Apple Muffin Fruit Milk	10 WG French Toast Applesauce Milk	11 WG Bagel Apple Milk	12 WG Croissant Fruit Milk
15 WG Cereal Pineapple Milk	16 WG Blueberry Muffin Fruit Milk	17 WG French Toast Applesauce Milk	18 WG Bagel Apple Sauce Milk	19 WG Pancake Fruit Milk
22 WG Cereal Peaches Milk	23 WG Banana Muffin Fruit Milk	24 WG French Toast Applesauce Milk	25 WG Bagel Fruit Milk	26 WG Pancakes Apple Milk
29 WG Cereal Fruit Milk	30 WG Bagel Fruit Milk	31 WG Cereal Bar Mango Milk		<b>All Milk is unflavored 1% milk served to children over age 2</b>

*Carrie Berglund R.D. 6/27/24*



**Woburn Creative Start  
July 2024  
Lunch Menu**



Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>No School</b>	2 <b>No School</b>	3 <b>No School</b>	4 <b>Agency Closed Happy 4<sup>th</sup> of July</b>	5 <b>Agency Closed</b>
8 Chicken Teri w/rice Broccoli Pineapple Milk vegetarian: Tofu with Fried rice	9 Buffalo Chicken Hoagie Cucumbers Apple Milk Vegetarian: Veggie wrap w/Hummus	10 Chicken with grains Italian blend vegetables Watermelon Milk Vegetarian: Farro with feta, bean	11 Chicken Gryo Wrap Carrots Banana Milk Vegetarian: Greek Salad Wrap w/Feta & Chic peas	12 Turkey smashburger Sweet potato tots Fruit Milk Vegetarian: Veggie burger
15 BBQ Chicken w/Rice Beans Apple Milk vegetarian: Vegetable & cheese Fritta	16 BBQ Chicken wrap Broccoli Apple Milk Vegetarian: Orzo Salad w/feta and beans	17 Chicken Taco Corn Watermelon Milk Vegetarian: Farro with feta, beans, tomato	18 Turkey & Cheese sandwich Lettuce, tomato Apple Milk Vegetarian: Lasagna with cheddar w/tortilla	19 Lasagna with cheese Green beans Pinapples Milk
22 Chicken Sandwich Fries Fruit Milk vegetarian: Veggie burger	23 Rainbow Veggie wrap with Hummus Carrots Fruit Milk	24 Chicken & cheese quesadilla w/tortilla Corn Watermelon Milk vegetarian: Cheese quesadilla	25 Greek Chicken Gryo wrap Tomato and Cucumber Fruit Milk Vegetarian: Greek Salad wrap w/Feta	26 Cheese Pizza Fries Pineapple Milk Vegetarian: sweet & sour tofu w/rice
29 Chicken sandwich Corn Apple Milk vegetarian: Lasagna with cheese	30 Lime Chicken Carrots Oranges Milk vegetarian: Pinto beans and peppers	31 Chicken Ceasar Salad Broccoli Banana Milk vegetarian: Greek salad w/feta		<b>All Milk is unflavored 1% milk served to children over age 2</b>

*Carrie Berglund R.D. 6/27/24*